Lunch Menu

Week I



w/c: 26/08, 16/09, 07/10, 28/10, 18/11, 09/10, 30/10, 20/01, 10/02

MONDAY

Tex Mex Chicken

Served with Wholegrain Rice & Sweetcorn



TUESDAY

Cottage Pie topped with Root Vegetable Mash

Served with Green Cabbage, Peas & Gravy



WEDNESDAY

Roast Chicken Thigh

Served with Crispy Roasties, Broccoli & Gravy



THURSDAY

Pizza Pinwheels

Served with Garlic & Herb Wedges and Green Beans

FRIDAY

Golden Fish Fingers

Served with Chips and Baked Beans





Enchiladas

Served with Wholegrain Rice & Sweetcorn (Kidney Beans)









Gravy







Sweet Potato & Lentil Roast

Served with Crispy Roasties, Broccoli & Gravy



Vegetable Jambalaya

Served with Green Beans



Courgette & Sweetcorn **Fritters**

Served with Chips and Garden Peas



Penne Pasta with Homemade Tomato Sauce





Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with **Homemade Tomato** Sauce





Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce





Chocolate Cake and Custard

Jelly & Fruit Slices



Traditional Rice Pudding with Strawberry Jam

Fruit Salad



Shortbread Biscuits

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

















Nutritionist's





Lunch Menu

Week 2



w/c: 02/09, 23/09, 14/10, 04/11, 25/11, 16/12, 06/01, 27/01, 17/02

MONDAY

Mexican Chicken Wrap

Served with Wholegrain Rice & Broccoli



TUESDAY

Homemade Pizza Margherita

Served with Paprika Wedges & Coleslaw

WEDNESDAY

Chicken & Sweetcorn Pie

Served with Crispy Roasties, Carrots & Peas



THURSDAY

Bombay Chicken Biryani

Served with Wholegrain Rice & Broccoli





FRIDAY

Golden Fish Fingers

Served with Chips & **Baked Beans**





No Meat Bolognaise

Served with Penne Pasta & Broccoli



Baked Tomato & Bean Gnocchi

Served with Coleslaw & Garlic Slice



Vegetable & Bean Cobbler

Served with Crispy Roasties, Carrots & Peas





Chickpea & Vegetable Samosa

Served with Wholegrain Rice, **Broccoli & Curry Sauce**







Vegetable Fingers

Served with Chips & **Baked Beans**





Penne Pasta with

Homemade Tomato

Sauce

Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce





lacket Potato

with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce







Chocolate Beetroot Brownie

Vanilla Cheesecake **Fruit Bowls**



Apple & Blueberry Flapjack



Oat Cookie & Fruit Slices



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

























Lunch Menu

Week 3



w/c: 09/09, 30/09, 21/10, 11/04, 02/12, 23/12, 13/01, 03/02

MONDAY

Creamy Tuscan Beef

Served Wholegrain Rice & Green Beans



TUESDAY

Homemade Halal Sausage Rolls

Served with Wedges & Baked Beans



WEDNESDAY

Roast Turkey

Served with Crispy Roasties, Carrots & Sweetcorn





THURSDAY

Mac n Cheese with a **Crispy Crumb Topping**

Served with Green Beans

FRIDAY

Golden Fish Fingers (Salmon Or Pollock)

Served With Chips & Garden Peas







Mild Thai Green Curry **Vegetable & Chickpea**

Served with Wholegrain Rice & Green Beans









Homemade Cheese & Onion Rolls

Served with Wedges & Baked Beans

Spiced Beetroot & Lentil

Served With Crispy Roasties, Carrots & Sweetcorn







Vegetable Bean Chilli

Served with Wholegrain Rice & Green Beans



Vegetable Fingers

Served with Chips & Baked Beans



Penne Pasta with Tomato Sauce



lacket Potato

With Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Tomato Sauce

Loaf



Jacket Potato

With Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Tomato Sauce



Peach Crumble



Fruit Bowls

Vanilla Ice Cream Cup

Lemon & **Courgette Drizzle Cake**

Chocolate Cookies



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY























