

Monday 6<sup>th</sup> July

I can design a wrap.

Look at the pictures of these wraps.

**Burritos are a beloved Tex-Mex food.**



**Dürüm, a meat-filled Turkish wrap, can be made from various flatbreads.**



The gyro sandwich was popularized by Greek immigrants in the US.



The falafel sandwich is a quintessential Israeli street food.



Kati rolls are spicy wraps from India.



Chicken wraps are widely available in North America and the UK.



What is the same about them?

What is different?

Which flavours or fillings made these wraps tasty?

Discuss with an adult.

Now you're going to practise the skills you'll need to make your own wrap.

Grating-e.g. cheese, carrots



Grating cheese

Cutting using the bridge technique



Cutting using the bridge technique

## Cutting using the claw technique



Cutting using the claw technique

Think about wraps you've had before.  
Which ingredients did you like?

Which ingredients did you dislike?  
Discuss with an adult.

You need to design your own wrap.

Please think about who you'll make the wrap for. Is it you or someone in your family?

Include in your design:

The type of wrap base you would use-plain wrap, whole meal wrap or corn based wrap.

Which fillings would you include? This includes any vegetables.

If you don't have a traditional wrap base, you could use bread, pitta bread or any type of bread base you have!

Finally evaluate your design. Is there anything else you'd like to include. Ingredients from different cultures perhaps?